

Project Title: Livelihood and Food Security of Rural Families through women empowerment.

Scheme No. :- 3561D(g)DEE-204-OA (RKVY)

Report Period : 2015-2016

Name of Institute: Krishi Vigyan Kendra , Sirsa (CCSHAU)

Staff Position :

Project Co-ordinator : Dr. L.S. Beniwal

Principle Investigator : Dr. Poonam Kundu

Co-Principle Investigator : Dr. Sube Singh

Budget and Expenditure :

Total outlay :-

Total amount spent:-	Sanctioned	Spent	Balance
In the previous year 2015-16:	2388000	268277	2119723
In the current year 2016-17:	2119723	2119723	- - -

Brief Report

In this project there were two major aspects, one - Fruit and Vegetable Preservation and the other - Garment Construction and Design. Under Fruit and Vegetable Preservation two trainings of 10 days each were conducted for the two selected group of rural women. The selected group comprise of 25 rural women each , selected from 19 different villages of Sirsa district . In each training 16 different products namely green chilli pickle, red chilli pickle, lemon pickle, lemon squash, mix pickle, mushroom pickle, anvola pickle, ginger pickle, tomato chutney, tomato sauce, rose sharbat, almond sharbat, anvola murabha, apple jam, papaya jam and gulukand were demonstrated. Despite from this, the rural women were also equipped with the knowledge of how to grow and consume mushroom at their homes, how to do kitchen gardening at their homes, latest know-how of post harvest technologies, how to use and make vermi compost at their homes, how to take loan from bank, etc Practical sessions were carried out with the help of method and result demonstrations.

Apart from 10 days trainings, nutrition week was celebrated in collaboration with the child development department, two days workshop was organized at Sir Chotu Ram Jat College of education, Ellenabad on fruit & vegetable presentation for college going students. One day Campaign was organized at four different villages of Dabwali Tehsil of Sirsa district.

The other aspect of the project was Garment Construction and Design. Under which two trainings of 10 days each were conducted on garment construction and design for the selected groups of rural women drawn from 33 different villages of Sirsa district. Each group comprises of 25 rural women, who know the basic stitching. The sample was drawn purposely so that they can learn fashion designing and other domestic utility items in order to pursue their own enterprise. During training rural women were made aware about how to make designer suits, how to do tie & dye work, how to do embellishment on garments, how to make table mats, table runners, cushion covers etc. and so on. Apart from this rural women were also educated about how to remove stains and maintain clothes at home, techniques of Tie and Dye, how to Protect and Store clothes & grains at home, washing of different types of clothes, how to mend torn clothes and art of Patch work on Clothes. They were further enlightened about Vermi-Compost - an entrepreneurial activity for rural women, Importance of diversification in agriculture, Kitchen Gardening for rural women, Small Scale Entrepreneurial Activities for rural Women, Capacity building of women through SHGs, How to manage conflicts among SHGs groups and Finance Schemes for Women. In every training trainees were provided with tea, snacks and lunch. On the concluding day certificates and incentives were distributed among the trainees.

The pre and post data of the trainees were collected and analyzed for seeking the gain of knowledge in order to draw inferences. The post monitoring and evaluation of the training reveals the impact of the training which highlighted the facts that most of the ladies started preservation work at their home. Where as 68% of the trainees started earning Rs. 5000-10000, 30% earn between Rs.10000-15000 and just 2% started earning Rs. 15000-20000 per month through stitching. This 2 percent block comprised of highly accomplished group of women. It was observed that a women named Sonia in the village Odan started her own boutique and another women name Satinder started earning profits by associating her business with a local tailor in the same village.

Beneficiaries Details

Trainings	Small	Marginal	SC/ST	Others	Total
Stitching					
One	10	6	4	5	25
Second	9	8	4	4	25
Fruit & Veg. Preservation					
One	10	6	4	5	25
Second	9	7	4	5	25

Action Photographs



Stitching



Training For Stitching

Exhibition of Garments prepared by trainees



Seminar on Women Empowerment



Fruit and Vegetable preservation Training



Products prepared during Fruit and Vegetable Preservation Training



Training Session Closure



Kisan Mela

